



ALLARD SCHOOL OF LAW

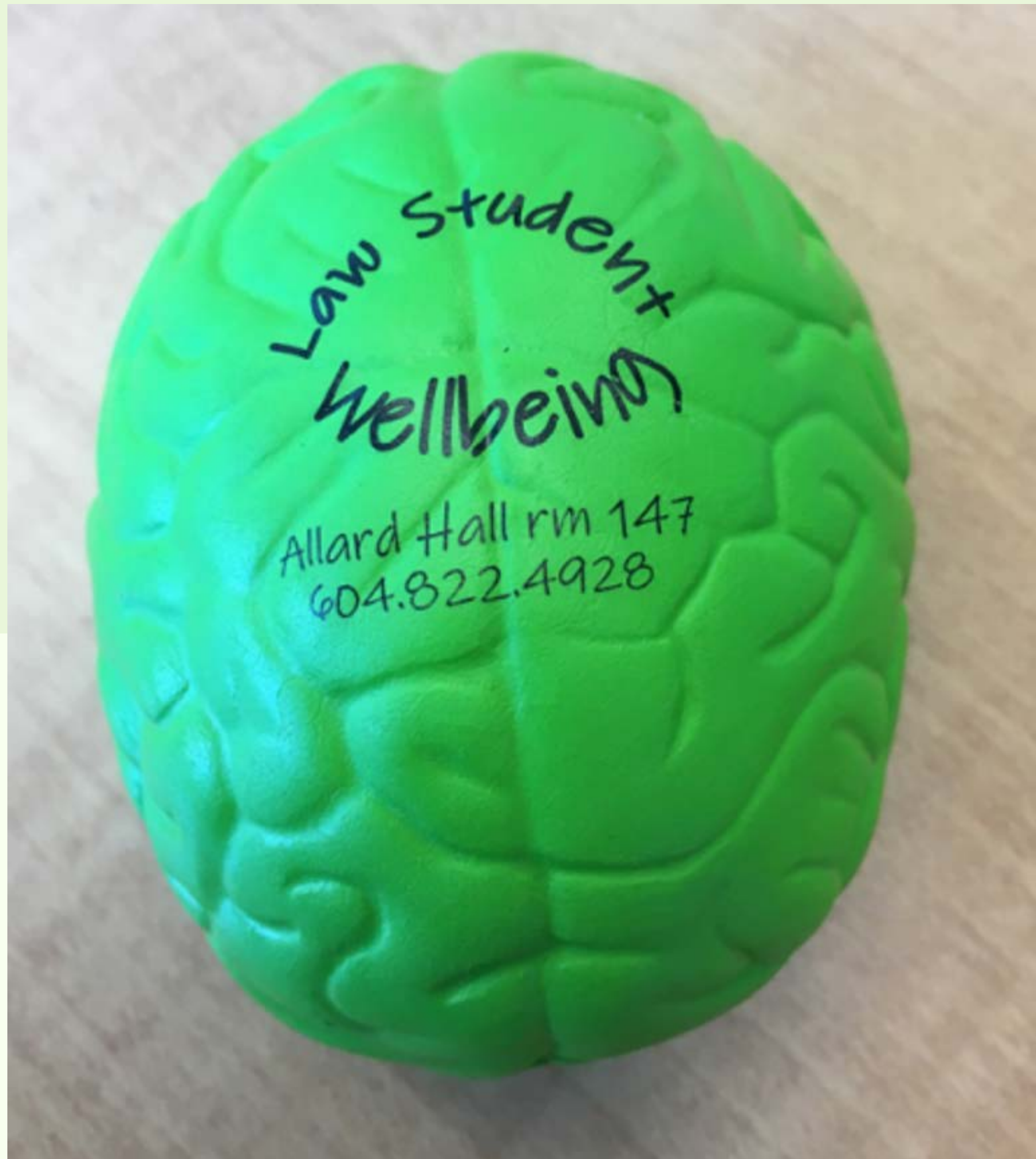
AVAILABLE SUPPORT ITEMS

The Student Wellbeing Program



**PETER A. ALLARD
SCHOOL OF LAW**

THE UNIVERSITY OF BRITISH COLUMBIA

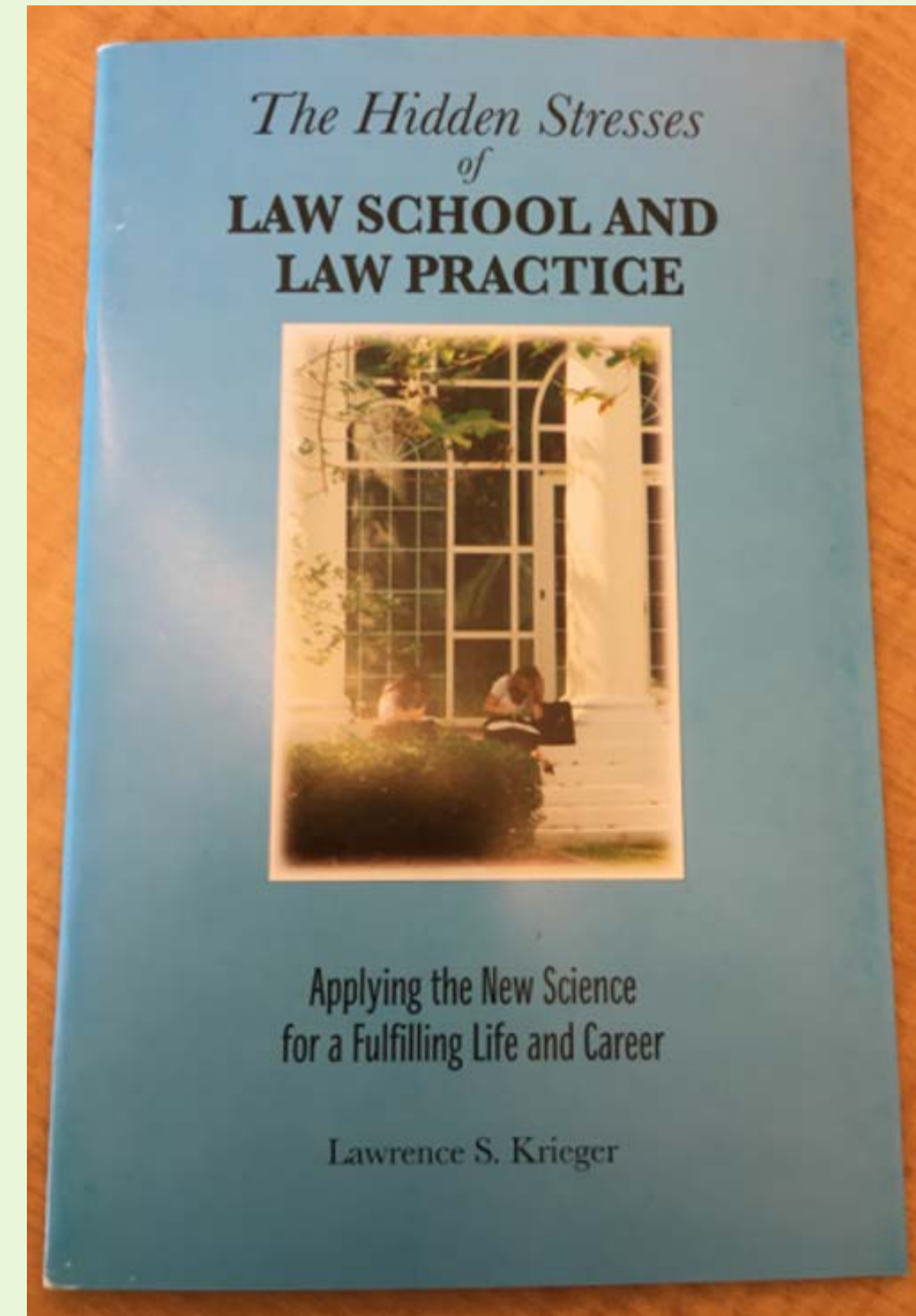


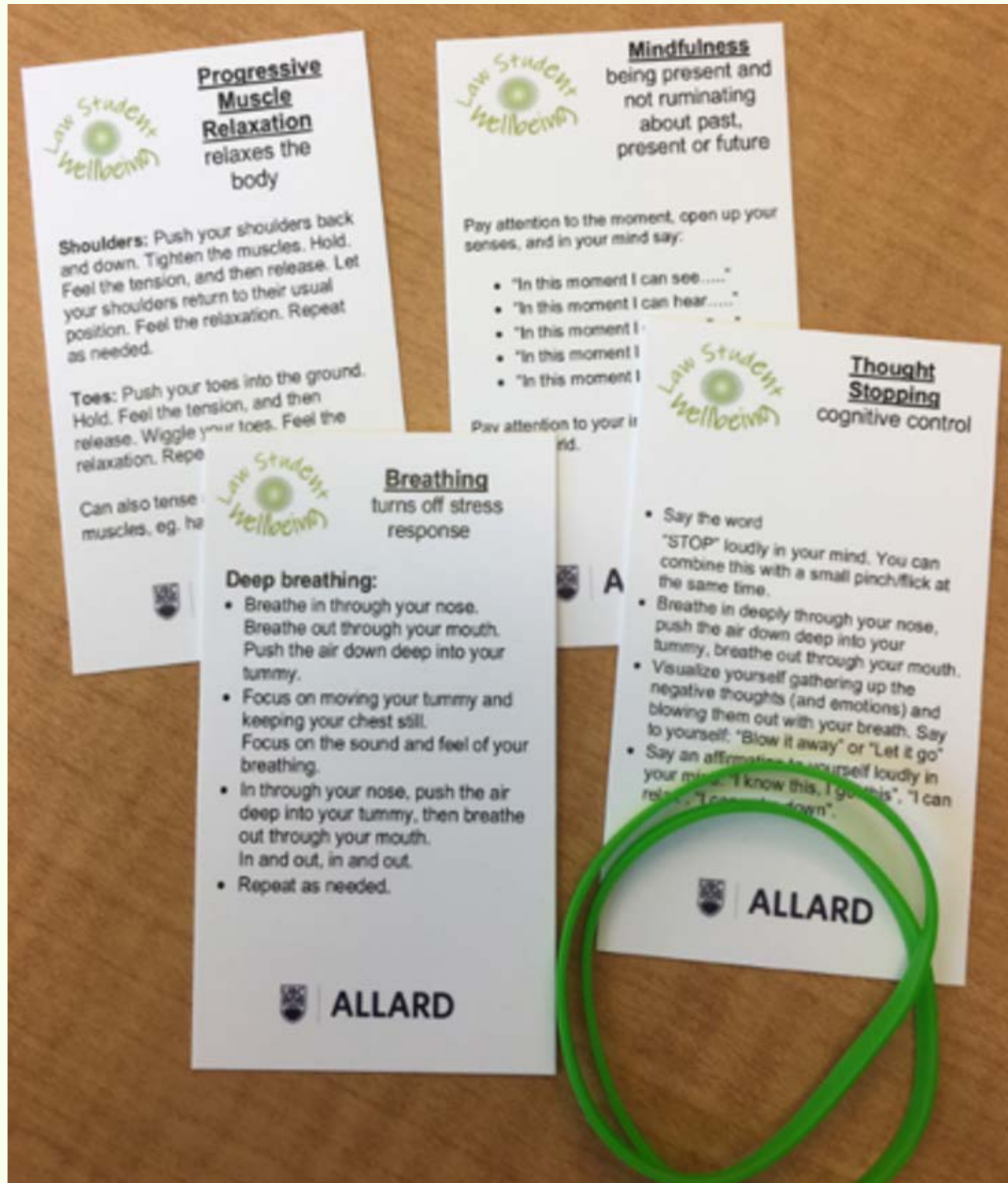
Brain squishy stress
reliever





Booklet: The Hidden
Stresses of Law school and
law Practice: Applying the
new science for a fulfilling
life and career. by
Lawrence S Krieger





Coping cards



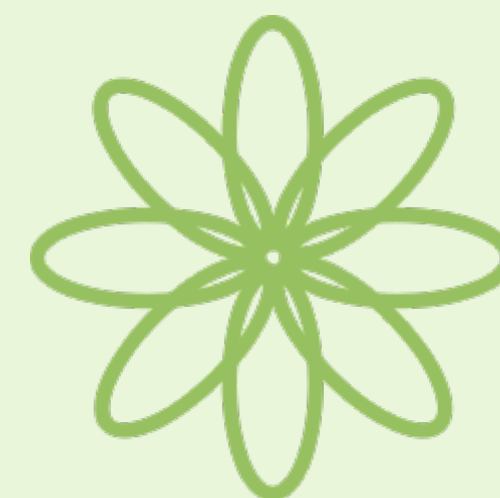


Canadian Mental Health Take Time for Tea Cards





Heated blanket





Chocolate





Massage chair

